

The Power of the Rosary

The Rosary is a Marian devotion and yet it is Christ centered. We see Mary with Jesus to the very end of His earthly life. Mary always points us to Christ.

The Rosary consists of prayers: The Sign of the Cross, The Apostles Creed, Our Father, Hail Mary and Glory Be To The Father, The Son and The Holy Spirit. The Glory Be To The Father invokes the Holy Trinity, and the concluding prayer is Hail, Holy Queen.

In addition to these prayers we utilize other forms of prayer, one of which is meditation. The Rosary prayers should not be just the recital of words. We meditate on the Mysteries of the Rosary which are: The Joyful, Sorrowful, Glorious and the added Luminous Mysteries given to us by Pope John Paul II. In meditation we engage thought, imagination, emotion, and desire. We are to picture ourselves present in the Mysteries and ask, "How do they relate to me in my daily life? And what is Jesus asking of me?".

Another form of prayer we use is Intercessory Prayer. We pray for ourselves and others and Mary intercedes for us. The next form is Contemplative Prayer. When we walk with Jesus, we enter into the presence of the Lord, spending time with Him and seeking Him. The Holy Spirit illumines our minds to the compassion and Love of Jesus.

The Rosary is a powerful prayer and excellent source of spiritual enrichment and deepens our awareness of Jesus, His unconditional Love for us, and unites us more closely to Him.